

FOOTBALL FRENZY: COVID - 19 SAFETY PLAN

In accordance with NSW restrictions



GENERAL

The following safety plan is relevant to all of Football Frenzy's services, including; 1 on 1, small group training, academy sessions, school & early education sessions, holiday camps and birthday parties.

Players and staff should not attend a Football Frenzy Session if they:

- Have had a confirmed case of COVID - 19. They will not be able to return until they are cleared by a doctor.
- Have had close contact with a confirmed case of COVID-19. They will not be able to return for 14 days since their last contact with a confirmed case.
- Have been in a local hotspot for COVID - 19 cases in the last 14 days.
- Are unwell or have flu like symptoms including: a cough, high temperature, running nose or sore throat. A refund will be issued to this individual.

Players & parents/caregivers will be required to sign in on attending each session. A full name, email and a phone number will be required and held in our records.

HYGIENE

The following hygiene practices will be implemented:

- Any handling and sharing of equipment is to be kept to a minimum.
- Regular breaks are to be provided for the purpose of rehydrating and hand sanitising.
- Hand sanitiser will be provided before, during & after a session.
- All equipment will be cleaned before, between & after sessions.
- Players should bring their own drink bottle and no sharing of drink bottles or food is permitted.
- Bibs will not be shared by players and will be sanitised/washed after each session.
- Cover mouth and nose with a tissue or your elbow (not your hands) when you cough or sneeze.

PHYSICAL AND SOCIAL DISTANCING

The following physical and social distancing practices will be implemented:

- Players should not arrive more than 15 minutes prior to a session, and if arriving by car, remain in the car until 5 minutes before the session.
- One parent/carer ONLY can attend sessions.
- Markers on the floor will be used in most drills that involve lines, in order to adhere to the 1.5 metre social distancing rule.
- No high fives or shaking of hands will take part in the sessions.
- Players and parents must not congregate, and must leave immediately once a session is finished.

TAKING ACTION

Any player/parent/caregiver that tests positive for COVID - 19 after attending one our sessions must inform Patrick on 0402 620 142. All attendees at that session will then be notified via email/phone of the confirmed COVID-19 case and will be given the next steps.

